

Pioneer Fire Protection District

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Recipe for Safer Cooking

Follow these tips to protect you & your family when in the kitchen. Whether stirring up a quick Super Bowl dinner, or creating a masterpiece four-course meal, here's a recipe for safer cooking you need to use daily.

1. Keep an eye on your cooking & stay in the kitchen. Unattended cooking is the # 1 cause of cooking fires.
2. Wear short or close fitting sleeves. Loose clothing can catch fire.
3. Watch children closely. When old enough, teach children to cook safely.
4. Clean cooking surfaces to prevent food & grease build-up.
5. Keep curtains, towels & pot holders away from hot surfaces, and store solvents & flammable cleaners away from heat sources. NEVER keep gasoline in the house!
6. Turn pan handles inward to prevent food spills.

To Put Out A Cooking Fire In Your Kitchen:

1. Call the fire department immediately, by dialing 9-1-1
2. Slide a pan lid over flames to smother a grease or oil fire, then turn OFF the heat & leave the lid in place until the pan cools. NEVER carry the pan outside!
3. Extinguish other food fires with baking soda. NEVER use water or flour on cooking fires!
4. Keep the oven door shut & turn OFF the heat to smother an oven or broiler fire.
5. Keep a fire extinguisher in the kitchen. Make sure you have the right type & training.
6. Keep a working smoke detector in your home and test it monthly.
7. For more home fire safety information, please contact your local fire department.

Bon Appetite!

Robert L. Gill, Fire Chief